

## **St Kevin's College School Retreats**

### **Junior Cycle Retreats 2014-15**

This year, Junior Cycle Students will be heading on retreat, in their respective years, to the Emmaus Centre in Swords. The retreat is part of their pastoral formation in St. Kevin's.

The aim of the retreat is to create a friendly and relaxed atmosphere where students can find space to be themselves. The retreat tries to help them reflect on the kind of people that they are as well as the relationships that are in their lives; always accentuating the positive. In a non-threatening way, the link to, as well as the importance of, the spiritual dimension of life is highlighted. The retreat will also provide an appropriate prayer experience for the students. Utilizing the elements of discussion, drama, art, video, personal reflection and more we tailor each youth retreat to the particular needs of the group.

### **Senior Cycle Retreats 2014-15**

This year, Senior Cycle students will be heading on retreat, in their respective years, to the beautiful and spiritual location of St. Kevin's Monastery in Glendalough (*Gleann Dá Lough* - Valley of the Two Lakes).

While St. Kevin's College finds its name from the legacy of the 6<sup>th</sup> Century St. Kevin, the school takes senior cycle students here to engage on a pilgrimage of inner growth, companionship and prayer. The hope, following the end of the retreat is that students will have experienced, in a very personal way, a real connection to the spirit of God in humanity and in the world. There is also the matter of a 'moderate' hike to test their physical fitness too!